

Sewa International



Annual Report 2015-16

Sewa International

" सेवा हि परमो धर्मः"



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FOREWORD

It is my humble duty to present to all our patrons the Annual Report for the year 2015-16. With great pride and satisfaction, I wish to state that 2015-16 has been another fulfilling year, with Team Sewa making its mark at the national & international level. Be it the earthquakes of Neval or the Chennaí deluge, International was at the forefront of relief and rehab efforts in all the above calamities. The spontaneity with which the volunteers of Sewa International thronged at the site of disaster, the selfless and untiring effort they put in round the clock and the manner in which they undertook the task, brought them laurels from all quarters - government agencies and civilians.

By now, Sewa International has built a reputation for speed, timeliness and expertise in disaster management, relief and rehabilitation. As a natural corollary and progression to the next level, Sewa International branched out to related areas like rehabilitation and other supportive activities like women empowerment, education and health. We ventured into new, niche areas also like Green Energy by supporting electrification & clean water harvesting with the aid of solar power at our Thuamal

Rampur project, Odisha.

The year saw Sewa International make a foray into fusion projects as well. Fusion project is an amalgam of two existing projects, harnessing the strength of both projects to create something new, innovative and commercially successful. The Kashi-to-Kutch project is one such project that produces one-of-its-kind textile product.

The credit for closing on a successful and satisfactory year goes to our massive and far-reaching volunteer base that are ever eager to serve our brethren in distress and our donors that have always bestowed their unflinching trust and support in us. Here, a special mention has to be made to the Government of Goa, for generously funding our flagship project of Holistic Development of two districts devastated by 2013 Uttarakhand floods. Gratitude!!

To conclude, I thank one and all for making this year 'sarthak'. Hoping to scale greater heights of service in the years to come.

K. G. (Shyam) Parande Secretary & Managing Trustee



sewa

Introduction

The movement "SEWA INTERNATIONAL" was started in 1991 in the UK by some philanthropists initially to help the earthquake victims of Latur, Maharashtra. Since then, the movement has spread out to USA, Canada, Australia and other European countries. It is also setting foot in some African countries like, Kenya and South Africa and a few Caribbean countries. Sewa International aims at not only arousing the curiosity of scores of voluntary organizations and volunteers to grasp the strength and weaknesses of the society better, but also preparing them for new challenges, making changes happen, promoting opportunities and improving the way people do things to make this world better.

Mission statement: "Sewa International is a 'not-for-profit' organization inspired by the noble Hindu tradition of service before self; working for promoting voluntarism internationally especially among youth, women and energetic senior citizens; building an international network of not-for-profit organizations; promoting philanthropy from the grassroots level to corporate sector; providing relief to the affected during calamities, natural and or-man-made, and rehabilitating them; building capacity of the non-profit organizations towards achieving results, empowering communities and individuals through sustained support; funding committed grassroots organizations that rely heavily on volunteer effort; supporting effort that promote cultural and moral value systems in the society; and aiming to see happiness and well-being in everyone, everywhere and at all

Sewa International's Activity Domain:

- ❖ To relieve poverty and diseases and help the sick, needy, the weak and those affected by natural calamities, disasters and other sufferings.
- ❖ To help in the education and training of the poor, sick, disabled and socially backward students and assist them financially.
- To facilitate long term development projects.
- To enable and empower communities become self-reliant and earn a dignified living.
- ❖ To strengthen voluntary organization by training their personnel in effective implementation of projects with modern management techniques and encourage cooperation between its overseas chapters.
- ❖ To support and aid village development programs, to achieve self-sustenance through total integrated development.
- ❖ To arrange visits of donors/contributors from abroad to various project sites in Bharat to have the first-hand experience of various ongoing activities.
- ❖ To provide services to allied voluntary organizations on management of funds, materials, technical and human resources for social development, which are tough terrain faced by the voluntary and social development organizations.
- To publish a monthly e-newsletter "Sewa Sandesh" and disseminate Sewa News to well-wishers, donors and supporters.
- To maintain a blog with information on 'Sewa Activities' using Facebook, Twitter and Blogs.
- ❖ To organize International Sewa Meets at various places once every three years for interaction and better understanding of the needs and decide on future course of action to be taken.
- To make 'short documentaries' on various projects/programs that have been supported / funded.
- To maintain the website (www.sewainternational.org) with information on various Sewa Activities.
- ❖ To publish Activity Reports Annual & decadal on the monumental Sewa Activities that are being run in Bharat by SI in collaboration with numerous other sister organizations.





Focus Project: Uttarakhand



Sewa International



Sewa Uttarakhand

The devastating floods of 2013 left the beautiful and bountiful state of Uttarakhand in a deplorable state. Faced with massive destruction, the Government of Uttarakhand faced the daunting task of rebuilding the state from ground zero. It was in this backdrop that Sewa International pressed into service by undertaking relief operations of a nature and magnitude that was unheard of. Frombuilding makeshift homes of tarpaulinto giving dignified burial to the dead, Sewa volunteers did it all, out of selfless love for their fellow countrymen, in their hour of need. The bond that was built in the process is growing stronger till today. As soon after, Sewa International found itself at the heart of rehabilitation work in 2 districts of Uttarakhand – Chamoli&Rudraprayag. Within a short duration, Uttarakhand has become our flagship (focus) project, one that is yielding amazing results and displaying great potential. Listed below are some of the successful projects undertaken.

Sewa Mahila Jyoti (SHGs)





"I had been to Tapovan village and heard about Sewa International Knitting Centre from women in the village. She said that it's a good opportunity. We also want a Knitting centre in our village. We hardworking women and work with double the capacity of other women and I think a knitting centre, in our village would benefit us a lot. "

~ Smt. Usha Devi, Chairperson of GauradeviSwayamSahayata Samooh, a Self help group Sewa International's Women Self Help Groups (SHGs) are the vehicle of development; they connect the organization with the community. SHGs formed by Sewa International, take activities and initiatives, to the very doorstep of villagers. Sewa International through its SHGs strives to achieve essentially two outcomes- sustainable per capita household income and improved environment.Initiation of SHG formation was the first phase of the community mobilization. Sewa volunteers and workers have relentlessly worked on a unique structure of community-based

SELF HELP GROUP

We always try to save money. After making this swayamsahayatasamooh last year, we have started interloaning among the samoohsakhis. We maintain a register of our meetings and keep record of the interloaning. I believe that, as more and more women join the samooh, there would be a day when the whole village would benefit from our drive.

In December we organized a cleanliness drive in the village and cleaned the drains. Along with samoohsakhis other villagers also participated in drive. Sewa International has trained us in maintaining registers of the meeting and also helped us, in setting up of bank linkages.

SubhayiSwayamSahayataSa

organization by organizing more than 800 rural women into SHGs, in 5 Sewa Mandal and 2 districts. Through these SHGs, Sewa International has developed an expansive approach, increasing the spatial distribution of initiatives and services in the target area.

In collaboration with Chinmaya Organization of Rural Development (CORD), Sewa International organized "Training of the Trainers" workshop from 30 Nov- 2 Dec 2015, in Karnapryag, Chamoli. The training was attended by 11 trainers from Sewa International. The training module included the following points:

Various aspects of SHG formation

- Purpose of the groups
- Book keeping
- Livelihood opportunities
- Setting up of bank linkages
- Government schemes
- Management of the SHG
- Inter-loaning

SHGs form the base of all our work in the region. They are the forward line for community building measures and almost all our projects have been helped by the SHGs. Some of the activities of SHGs are:

- ❖ Monthly meetings to discuss problems & find viable solutions
- Inter-loaning among SHG members
- Setting up bank linkages
- Organizing sanitation and health awareness drives in the villages
- Creating awareness about our programs and other issues, which are important for the development of the region.

Sewa Krishi

A volatile market and climate—induced variability makes agriculture a very risky proposition. The low agricultural production has led to an increase in migration from the state of Uttarakhand. Some of the challenges faced by the farmers in Uttarakhand are:

- Lack of access to credit
- Poor technical know how
- Unsustainable cultivation practices
- Lack of availability of good seeds
- Small land holdings
- Water management problems
- Soil erosion

Sewa International has decided to use this challenge to stimulate creative innovation and address the issues in Uttarakhand. With a focus on women farmers, our work in the area of agriculture, aims at providing sustainable income to the farmers, especially small and marginal farmers. All our agriculture initiatives are under the program of *SEWA KRISHI*. Under the program, we strive to strengthen agriculture, organic farming, horticulture and medicinal plants. We aim to create a healthy, organic and well-nourished community. In order to achieve our aim, we conducted asample survey, to know about the issues ailing the





region and for devising a better strategy to address the issues. In May 2015, Sewa International carried out agriculture survey in 60 villages, covering a population of 24,000, in 5 Sewamandals, and 2 districts of Uttarakhand. The survey brought out the following:

- Agricultural issues
- Indigenous crops

- Availability of quality seeds
- Crops that could fetch more income
- Population profile of the villages

Highlights of this year

- In Jul 2015 Organic seed bank was established in Chandrapuri village of Rudraprayag district.
- 40 kgs of French bean seed were procured for the organic seed bank, from Narayankoti, Raydi and Kausalpur village.
- A day long awareness camp was organised in Sep 2015, at Joshimath, for the improvement of agriculture practices.
- A seed kit was prepared, to distribute good quality seeds to farmers, biannually.
- More than 250 women farmers benefited from seed distribution.



Sewa Path

The key to a fulfilled life is to ensure that each person has the essential means for a productive life. In order to plan rehabilitation program for the region, Sewa International zeroed in on few problem areas of the region which are as follows:

- Dwindling job opportunities
- ❖ No year-round employment or activity for people to engage productively
- Low income
- Migration
- ❖ Lack of non- farm related skills, making the educated youth lag behind in competition

Sewa International launched Sewa Path to address these issues. Sewa Path is a skill development initiative for the non-farming sector. Under this initiative we aim to achieve the following:

- ❖ Enable and mobilize youth to take up industry designed quality skill training, become employable and earn their livelihood.
- ❖ Increase productivity of the existing workforce, and align skill training with the requirement of the market.
- Providing year round development to the people of the region including men and women.
- ❖ Encourage standardization of the Certification process, so as to increase the chances of employment.

In order to achieve these goals, we have opened up Computer centres and Knitting centres in various villages of Chamoli and Rudraprayag. It is focusing on the training of young workers in order to bring them into the formal employment market and also help them develop a skill base to enable them to earn a decent livelihood based on it.

Computer Centre

have immensely benefited by Sewa International Computer Centre in our college. I have learned the basics of computers like MS office and Internet browsing so far. Our college did not have computer facility before and all the government and private sector jobs ask knowledge/know how of computers. It's an eligibility criteria, if you are applying for these jobs. Sewa Path Computer centre has helped us gain that qualification.

~IyotiRana, BA First Year, Augustyamuni PG College

Sewa Yuva Jyoti

We have been immensely benefited by this Knitting Centre. I have learned a lot here, I come here daily for one hour and do knitting on the machine. It takes me 2-3 days to complete a sweater. We have a joint family and I myself have four daughters. So far, I have made sweaters for all the children in my family and one for my husband also (she says gleefully). I think we could start a little business of our own building a network and selling our sweaters, it would multiply our household income.

~ Smt. Pavitradevi, Sewa Path knitting Centre, Simli **Computer Centres**- Sewa International provides basic computer skills like English/Hindi typing and MS Office products, PowerPoint, Basic HTML, Photoshop, Publisher etc. We also help talented students pursue further advanced courses who want to make a livelihood in the Information technology sector. So far we have trained more than 500 students in 7 computer centers, based in 2 districts of Uttarakhand.



This year, Sewa volunteers and workers identified the areas, acquired infrastructure and sorted other logistics, to establish various computer centers in the target area. A summary of the year round activity ismentioned below:

- ❖ 27 May 2015, opening of Sewa Path Computer Center (SPCC) in Augustyamuni.
- ❖ 10 Jul 2015, opening of SPCC in Mayapur.
- ❖ 11 Sep 2015, opening of SPCC in Tapovan.
- ❖ In Dec 2015, Sewa international set up a Common Services Center (CSC) in Tapovan, Chamoli.

The number of students who have completed their training with Sewa Path Computer Course so far is stated in the table:

S. No.	Centre Name	No. of Students		
		2015	2016	
1.	Chandrapuri	68	12	
2.	Augustyamuni	59	87	
3.	GuptKashi	34	26	
4.	Ukhimath	43	41	
5.	Simli	69	19	
6.	Mayapur	38	49	
7.	Tapovan	30	22	
*figures till Mar 2016 Total No. Students-597				

Sewa Path Computer centre has helped me a lot. Earlier I had no knowledge of computers at all and I was very apprehensive of computer system and learning it. But one month into the course, only was I comfortable with computers, but I enjoyed learning it as well. I have learned MS Office so far and I enjoy internet browsing, although the net speed is very slow here. But my most favorite part of the course is the personality development section of course. Saturdays, our instructor organizes various games and interactive sessions. These sessions have made me lose my inhibitions. in communication and my confidence level has also increased.

~ Hanumant Singh B Sc First Year, Augustyamuni PG College

Sewa Mahila Jyoti

The centre runs at a time when we are generally free from the household work. We come daily to the centre where we could do something productive and get to meet and chit chat with the womenfolk of the village. (Giggling) I like coming here and working on the knitting machine.

~Neha, SimliTapovan

knitting centre

Knitting Centres— Women are provided with knitting skills for the betterment of their livelihood as the new skill could increase income and build their self-esteem. Biannual training workshops are organized for technology update and market requirement. We have trained more than 100 women in knitting this year, in 4 centers based in 2 districts of the state of Uttarakhand.

The main activities of this year are as follows:

- ❖ In the month of Jul 2015, Sewa International organized "Orientation Camp" of the trainees in the Sewa Path Knitting Center (SPKC), Chandrapuri. Mr RavindraKandari presided over the orientation of 40 trainees along with their trainer.
- ❖ 13 Sep 2015, opening of the new center in Raydi.
- ❖ 25 Dec 2015, opening of SPKC in Tapovan.

The total number of women who have completed their training in the centers is given below:

S. No.	No. Knitting Centre		No. of Students	
			2015 - 2016	
1.	Simli		41	
2.	Raydi		7	
3.	Chandrapuri		57	
4.	Tapovan		38	
*figures till Mar 2016 Total No. Trainees- 143				

have been Tapovan village and heard about Sewa International Knitting Centre from women in the village. She said that it's a good opportunity. We also want a Knitting centre in our village. We are hardworking women and work with double the capacity of other women and I think a knitting centre, in our village would benefit us a lot. "

~ Smt. Usha Devi, Chairperson of GauraDeviSwayamSah ayataSamooh, Saladhar.



Sewa Saahas

Uttarakhand has immense tourism potential, and Sewa International has launched its SewaSaahas program, to tap into it and promote the state as 'favored' tourist destination, for the livelihood generation and benefit of the locals. The basic idea behind the program is:

- a) Livelihood generation and skill development in the non-farm sector.
- b) Voluntourism: It is the intersection of volunteering and tourism.



Under the program, we are currently training youths, both males and females as tourist guides. An important aspect of program is the the sensitization towards conservation and protection of the local heritage. SewaSaahas is also in the process of treks identifying

opportunities for eco-tourism and voluntourism for an integrated traveling experience. Under this initiative, SewaUttarakhand has developed 8 Treks in the Chamoli and Rudraprayag Valley and classified treks into various categories like religion, adventure, etc. This year following activities were carried out in order to promote Sewasaahas:

❖ Volunteers visit: In Dec 2015, a group of *9 students* from Vivekananda Education Society's Institute of Management studies, Mumbai, visited various villages of Rudraprayag and Chamoli districts. The tour took place from 8-28 Dec 2015, covering 70 villages, with an overall population of almost 10,000 people. The students made two teams to cover all villages. The survey included the following points:

During summers most of the men and women of our village go to high mountains and forests to collect herbs. For months, few youngsters of the village stay back to look after the sparing harvest livestock. Knitting centre has provided with alternative way to utilize time. I have studied till 8thstd. At the knitting centre, I have acquired skills despite my low education level.

~ Savitri, Simli, Tapovan Knitting Centre

- Finding new treks in the target districts.
- Preparing the profiles of the villages.
- Opportunities, Challenges, and Intervention strategies for improving conditions.
- Exploring Vegetation of the region.
- Video documentation of places of scenic beauty for developing treks.

NAME OF THE TREK	TYPE OF TREK	SPECIAL FEATURE		
BHAVISHYA BADRI	Moderate-Spiritual	Raw BhavishyaBadri a Spiritual Destination, Subhayi as a tourist		
		village		
KHULARA TREK	Moderate to Difficult-	Nature, Bugyals, Snow and Different views in Summer and Winter		
	Natural/Adventure			
BANGTHAL	Easy	Taal in middle of forest, opportunity for volunteering		
KALISHILA	Moderate-Spiritual,Nature	Nature and Forest, Scenicbeauty, Picnic and Spirituality		
DUDH KHAMBA	Moderate-Spiritual, Nature	Nature, Village Tourism, Volunteering Opportunities, Temple at Top		
NAGNATH	Easy Historic/Nature	Historical Remains of Gadhi, Nature walk through the forest		
MADMAHESHWAR	Moderate-Spiritual	One of PanchKedar, Nature, Scenic Beauty, Forests Village		

Karthik Swami Trek

Kartik Swami Trek was surveyed under SewaSaahas program. It's a 3 km long moderate trek, with beautiful Kartikswami temple at the summit. A unique feature of this trek is that from temple's vantage point it provides a 360 degree view of almost all the important peaks of the valley viz. Chuakhamba, Meru- Sumeru, Haathiparbat, Nanda ghunti etc.



Sewa International has done two "Mensural Hygiene Module" (MHM) with school girls, college students, and women from various villages. The details of the MHM is given below:

- In Aug 2015, AmrutaHoude, Yuva for Sewa (Co-ordinator), did a MHM, in various villages. During her month long visit, she carried out following activities:
 - Interactive sessions with women and girls
 - Health survey at 13 locations, and collected data from 650 women.
 - Volunteer training sessions.
- Another MHM session was carried out from 13-15 Mar 2016, at Chandrapuri. The session was attended by 40 women and girls from 8 villages.
- Women Health survey was carried out in the month of March 2016. 100 survey samples were collected from 5 villages.

Fyunli Kauthig



FyunliKauthig was the fest organised by Sewa International on 8 March 2016 celebrating International Women Day at Simli village in Rudraprayag district. It was to celebrate the spirit of Womanhood and recognise their contribution to the society. Fyunli is a flower which marks the

coming of spring in the valley. There was a gathering of more than 1200 women from various villages of Uttarakhand.9 women from the state, who have dedicated their lives in the service of the society, were honoured for their work by Sewa International. The cultural event saw the participation from various groups of women from villages, cooperatives, Self Help Groups, MahilaMandals, and tribal women. They presented folk dance, jhumela, skits and folk songs which went on till evening Stalls were put up by the women co-operatives, SHG from villages displaying organic farm produce, sweaters etc.





Disaster Management



Sewa International



Nepal Earthquake - Relief & Rehab





Deadly earthquakes struck Nepal on 25 Apr 2015 resulting in more than 8600 casualties and 18,000 injured. Sadly, more than one-fourth of the dead were children below the age of 10 years. It seriously affected more than 12 districts and 8 million people.

Sewa International volunteers swung into rescue and relief work just 3 hours after the devastating earthquake and started distributing drinking water, food and tarpaulins as an immediate relief in many places of Nepal. Sewa International were the first responders in many districts like Bhaktapur, to find and help survivors.

Sewa volunteers worked in tandem with Nepalese' government rescue team, helping them clearing the dead bodies and providing immediate medical help to the injured. The magnitude of earthquake rendered the whole of Nepal in a dire state and the hilly landscape posed a challenge in the operations. Some people were rescued from the height of 10000+ feet and provided with relief materials by Sewa volunteers. There was a huge demand for Tarpaulins during the relief, for making camps, as the monsoon season was nearing and it would have worsened the situation for people who lost their homes.

During the entire relief operations, 1600 Sewa volunteers reached more than 300 villages and 560 wards and provided help. Major projects were instituted as part of the Rehab program:

- Five Hostels for Orphans/ Displaced children, *Aamako Maya Chhatravas*, housing around 250 orphans of the Earthquake. This also includes a hostel for 100 affected girls.
- Sewa International has taken up reconstruction of **three damaged schools** both residential and non-residential in nature.
- School Kit Drive for 65,000 students was organized for the children studying in the rural areas of 14 districts of Nepal, so that earthquake struck children don't lose momentum because of lack of study material.
- Youth Development Centres, Skills and vocational training for affected youth.



TRANSITIONAL
SHELTER: As a lot of people lost home tarpaulin made makeshift shelters were provided to displaced people by Sewa International

EMERGENCY



"In times of calamity, Sewa International and its partner organizations are actively engaged in bringing relief, in whatsoever measures, required for our fellow brethren and it is supported by International humanitarian organizations from Sewa USA and Sewa India."

~AIG (Retd.) Kalyan Timsina



Table 1.2- School kit, Nepal

SCHOOL KIT DISTRIBUTION DRIVE

One has to move forward to make a new start, finding new ways to cope and surge ahead. Innovation and progress come via education. Keeping this notion in mind, Sewa International started supporting earthquake stricken children sustain their education by distributing Students Kits in 14 worst affected districts of Nepal. Sewa International till date has distributed **65,000 school kit** in these districts.





THE BIRTH OF 'BHARAT': An Inspiring Story

The miracle stories during the disaster are nothing but the fruit of perseverance and sheer human will. One such story came to light during the relief and rescue operations of Nepal earthquake. A team of 8 Doctors representing Arogya Bharathi Haryana, were traveling in a bus. They were going to Jalbire, a village close to China border. Due to the landslide, the bus carrying the doctors was forced to stop midway, and Doctors had to walk towards their destination. They carried the equipment and medicine with them and started their journey. On the way, they found an emergency case. A woman was in severe labor pains and needed medical care for delivering a baby. The team of doctors swung into action and carried the lady to the ambulance, and operated upon her. The operation was successful and a baby boy was born. The parents of the baby named him 'Bharat'. This birth brought joy and wave of hope in the midst of devastation and rubble.



TOOLKITS DISTRIBUTION FOR CLEARING HOUSE DEBRIS

Nepal earthquake destroyed a lot of houses. The magnitude of the disaster and slow pace of rehab work by the government, meant it will be months before help reaches the villages in remote areas. The impending monsoon season would have made it worse for the villagers who were rendered homeless. Sewa International decided to address this issue and with the help of Sewa volunteers, the organization decided to help them in clearing their houses' debris by distributing toolkits in the remote villages of Nepal.

Tamil Nadu Flood - Relief & Rehab



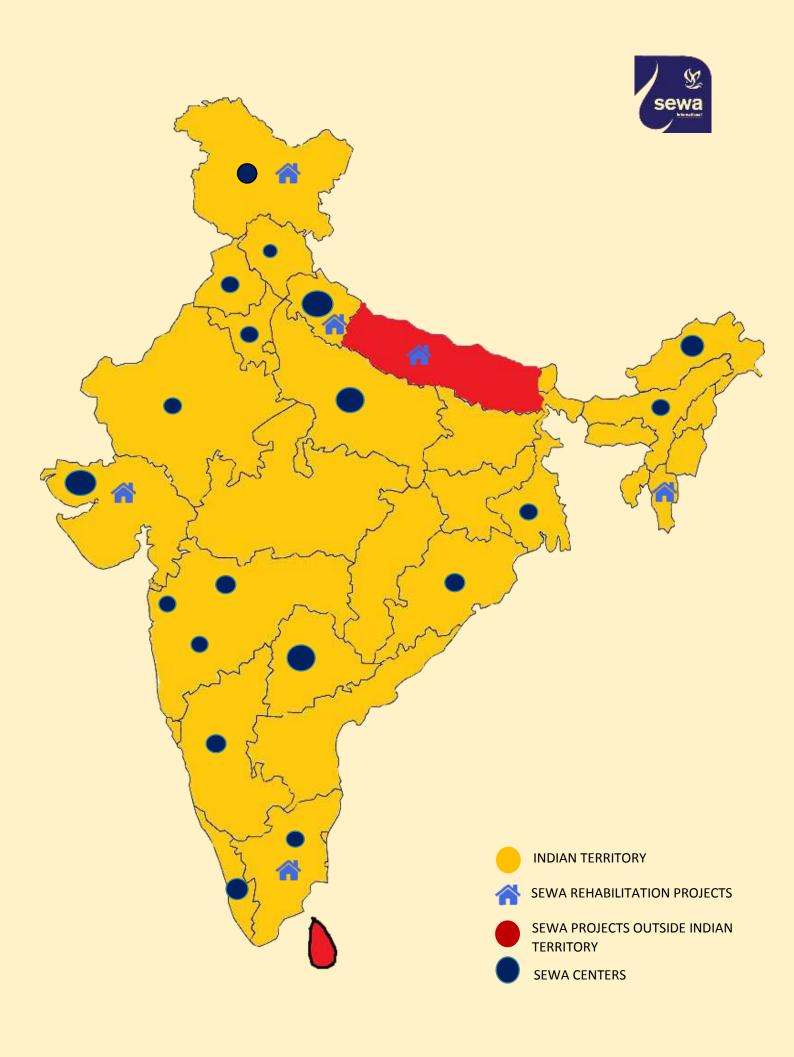
During Nov-Dec, 2015, the Coromandel Coast of South India, received heavy incessant rain fall during the annual northeast monsoon. Tamil Nadu experienced the worst floods of the century, which rendered 60% of the capital city of Chennai, submerged under flood waters. More than 300 lives were lost, an estimated 20 million people were affected and 2,500 villages waterlogged. Sewa volunteers were among the first responders to the scene. Some relief materials from other cities were transported to Chennai and were distributed at Thiruneermalai, Maduravoyal, TB Hospital, Tambaram, and Chromepet. Our volunteers prepared food packets and distributed to Choolaipalam, Dr. Kanu Nagar, Chetpet, and Mylapore areas. Hundreds of volunteers cooked food, collected & bought materials like food items, cloths, utensils, groceries, bedding, furniture, school supplies and other essentials and sorted the material for distribution.1700 food packets, 100 biscuit packets, and 400 water packets were

distributed on an average in each affected area. After relief, as part of the long-term rehabilitation plan, Sewa International donated a unit of the Mobile Medical Van, for the welfare of the locals, equipped with the latest tech and gear. This mobile van will provide services in and around Chennai, for 12 villages, specially targeting the areas which lack basic medical dispensaries and other medical services.



Sewa International, while carrying out the relief work found out that Thiruvallur district is in dire need of help. Sewa International along with Vanvasi Seva Kendram, distributed around 2000 relief kits in the district which was appreciated by the district administration.

SI.	Cost of 1 Relief Kit for Distribution in Thiruvalluvar, Tamil	No. of Units	Unit Cost	Total Item
#	Nadu		(In Rs.)	Cost (In Rs.)
1	Plastic Mat – 4*6	2	115	230
2	Set of Bed Sheet + Bed Spread	1	320	320
3	Saree set (Saree + blouse Material)	2	140	280
4	Set of 2 Lungis + 1 Shirt	1	310	310
5	Boys's dress – set of Pant & Shirt	1	290	290
6	Girl's dress – Chudidar set	1	175	175
7	Geometry Box	1	40	40
8	Rice – 5 kg	1	145	145
9	Set of 2 Aluminum cooking vessels with lid	1	450	450
10	Plastic Tarpaulin (30 * 18 feet) 250 GSM Thick	1	1600	1600
11	Kit to pack the items	1	15	15
12	Total cost of Relief Materials			INR 3,855
13	Total Transportation cost			INR 145
14	Total kit cost (Relief Materials + Transportation)			INR 4,000





Sewa International in Action

A picture speaks louder than thousand words. Here are some of the memorable moments of Sewa International, frozen in moments of time

























SMALL BEGINNINGS

Reang (Bru) Tribals of Mizoram and Tripura



In October of 1997 more than 30,000 Reang (Bru) fled from Mizoram to Tripura due to the ethnic violence targeting their tribe. Now, 5,286 tribal families comprising 31,223 men, women and children live in dilapidated conditions in 7 refugee camps in Tripura. Without government support and recognition they are rendered "refugees" in their own Nation.

Sewa International supports Tribals and is determined for the conservation and wellbeing of their culture. Sewa international is exploring new opportunities for the youth living in the refugee camps like skill development. Sewa International had supplied Sewa International had earlier supplied 15 computers in Reang tribal area in Mizoram. Out of these 13 computers with furniture and 1 projector were donated in March 2015. Apart from computer training centres, other vocational courses that will improve the employability of the Bru community are in the pipeline. Bamboo furniture making and tailoring and knitting centres for women are some of the initiatives planned for the Bru community by Sewa International. But the maximum happiness among the youth and children living in the camp was generated by 5 footballs, which were gifted to them in the camps.

Samatol Foundation

Samatol Foundation, Mumbai, is another organisation that Sewa international supports. Samatol Foundation works for runaway children who are mostly drug addicts and are living at railway stations of Mumbai. Samatol Foundation counsels these children about the ill effects of drug addiction and works towards their deaddiction and rehabilitation. The NGO tries to track the parents of these children, and reunite them.



Vision India Foundation



Sewa International supports Vision India Foundation (VIF) in the field of public policy and governance and engages youth to participate in nation building. VIF is a non-profit initiative by alumni and faculty members of various IITs. VIF organizes 'Policy Bootcamp' and has also launched Samvaad App on 22 September 2015.





Divyang Care



Sewa International



Divya Vidyalaya for Differently-Abled Children, Jawhar



Divya Vidyalaya is a school for differently abled destitute children in Jawhar Palghar district of Maharashtra. The school has been made a reality with the untiring and devoted work and vision of Mrs. Pramila Kokad, who started this school in 2007 with her own money with 5 mentally challenged and 3 blind children and registered a trust named "Shree Gurudev Bahuuddeshiya Samajik Sanstha" at Jawahar.. Pramila Kokad is a trained, special education teacher, for deaf and dumb. She ran the

residential school for the next 7 years. During this period, the number of children in her facility grew from 8 to 61. She was struggling on a lot of ends, like funds to run the organization, paucity of space, staff and other facilities required to take better care of the children. Sewa International came to know about this lone warrior and decided to support her, in this noble cause.

In 2011, she came in contact with Sewa International. Ms. Pramila's marvelous efforts were supported and taken to the next level with the financial assistance provided by Sewa International UK. In 2015, the new building was completed. On the auspicious occasion of "Gudi Padwa", the building of the school was inaugurated by Honorable Member of British Parliament Mr. Bob Blackman and his wife Mrs. Nicola Blackman, who came especially for the inaugural ceremony of the school and hostel. Here's the testimony of Mr Bob Blackman.



"I feel humbled after coming here and grateful to Sewa International for providing me with this opportunity. I went to the place where this school was first started and it is hard to imagine how 55 people have lived in that small place. It takes great vision to complete such task, great vision to take it to the place where this project stands now ...great vision and dedication. We all know that education is the route from poverty to fulfilment. People with disability are at certain disadvantage but a facility like this, provides them with opportunity to realize their potential. I want to thank all of you ...the teachers, people who have made this possible, Sewa International and on behalf of UK Parliament I would like to say that, you have made a difference! But let me also add here that, you have made the difference here but let's make the difference in all the states across Bharat together. Let's give everyone an opportunity to become the best that they can be."

~ Honorable MP, Bob Blackman

Seen below is the picture of school and hostel, built in an impressive campus spanning 24000 sq ft.



Roman and Catherine Lobo Blind School, Mangalore



Roman and Catherine Lobo Blind School, Mangalore is another success story of Sewa International. The school provides residential facility for blind children from underprivileged section of the society living in and around the city of Mangalore. As a part of our outreach and patient care program, every year Sewa International along with school management organizes visits of medical and nursing students in the school and hostel, which aims to sensitize students about various aspects

of patient care and its methodology. They come and interact with our staff and children and spend some days with them. This year 140 medical student and 100 nursing students visited the school.

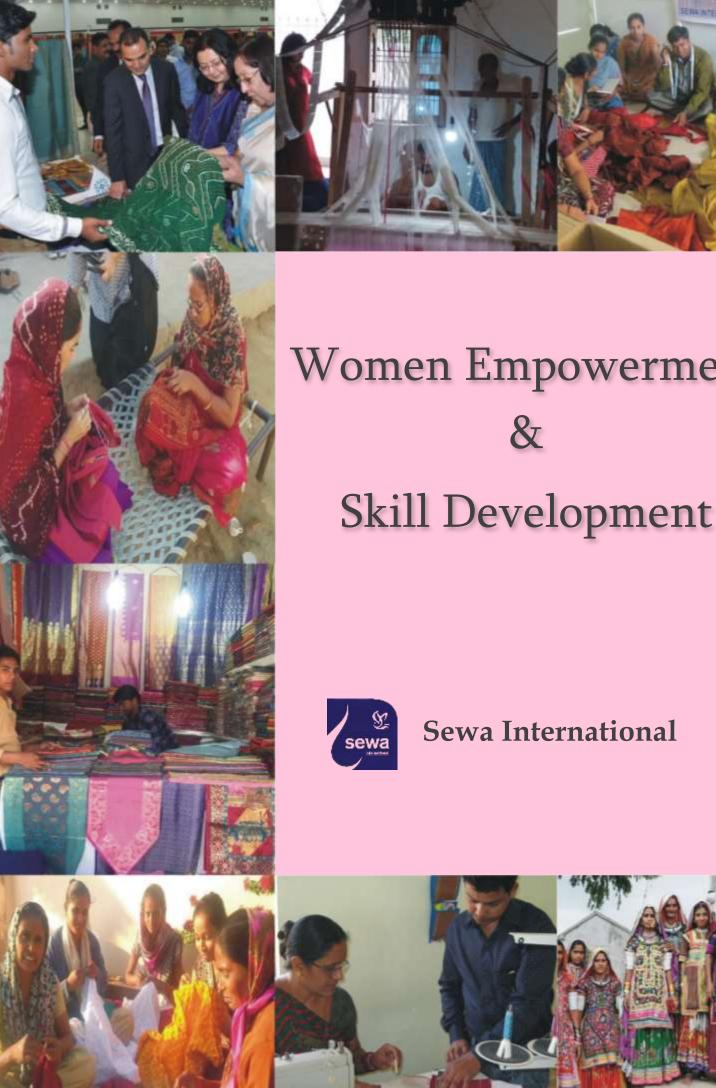
Students of the school participated in several activities, a brief is given below:

- "Guiding stars: Treasure hunt for the visually challenged"- 192 students participated enthusiastically. The event culminated in a rally with the organizers Mangalore Ladies Club 82, at the beautiful beach of Mangalore.
- Students participated and won in the "Kala-Utsav", a painting competition conducted by Society for the Welfare of the Disabled, Vamanjoor.
- Students of the school presented group dance in the talent program, "Kala Mantra" and "Govina Kunitha" organised by Srinivas Institute of Management Studies, Mangalore and Govanithashrya Trust.

Some of the dignitaries who visited the school were as follows:

- Mr. K V Rajanna, Commissioner for the People with Disabilities
- Mrs Shakunthala, Deputy Director, District Disabled Welfare Department





Women Empowerment &

Sewa International

Sewa International Kutch

Sewa International has been working towards women empowerment for more than a decade. In the Kutch district of Gujarat, we have a number of women self-help groups, who have been managing a sustainable entrepreneurship program, **Sewa Kutch**. Sewa Kutch project, represents a unique example of women's spirit and endeavor, in the region.

Sewa International first started working during the 2001 earthquake.



After relief and rescue was completed the need for rehabilitation drew us towards the project. After meeting the women we decided to support them and create an avenue for livelihood generation, by engaging them in indigenous craft known worldwide as *Kutchi embroidery*.

Sewa International formed two SHGs viz. **Momai Maa Mahila Mandal** and **Umiya Mahila Mandal**.



These SHGs were created in Jiyapar village of Nakhatrana taluka. These women were provided training in technical aspects, tailoring and marketing. They were also given tools for the trade. Finally, two groups were developed as manufacturing unit, where one group was well versed in embroidery work and the other one in tailoring. In due course of time, these groups were able to manufacture Kutchhi embroidered hand bags of different designs and shapes, stoles, embroidered patches, suit pieces, sarees etc.

I am associated with Sewa International for the last five years, as a part of Umiya Mahila Mandal. My life was quiet different before my association with Sewa International. I use to work as agriculture labourer for livelihood of my family. We were hardly able to meet the basic needs of our family because we are not fortunate enough to get regular work in agricultural lands.

One day I heard that Sewa International is planning to roll-out a program for development of women. I was curious what will be the program and how it will help us in fulfilling our daily needs. I attended a meeting organized by Sewa International. In the meeting we informed Sewa International is planning to start a stitching centre for women in the village. Any woman who learns stitching, Sewa International will ensure that she gets work every day. Sewa International will help all of us in forming a Self Help Group in the village. Having work every day was only a dream for us. So with the other women I have also decided to join stitching center and learn stitching. I have learned stitching and started earning Rs. 3500-4000 a month.

After that Ι have joined Entrepreneurship Development and learned Program making handicraft products like mobile covers, hand bags, tote bags, shopping bags, evening bags etc. After 3 years of working as a member, I am now incharge of my unit. Now I look after the quality of products made by other women such as myself in the unit and devise marketing strategies for these products. Currently, I am earning Rs 7000/- monthly. My family situation gradually improved with my income. Apart from monitory benefit, engagement with Sewa International has given boost to my self-esteem and confidence.

- Hansaben Mukeshbhai Pokar, resident of Narayanagar, Jiyapur village (Talluka: Nakhtarana) of Kutch District, Guiarat.



Sewa Kutch

- 1012 active women members
- 92 SHGs
- 16 villages of Kutch

On 21st June 2012, Sewa International Design & Development Centre (SIDDC) was inaugurated by our current (then CM of Gujarat) Honorable PM, Shri Narendra Bhai Modi, in the Jiyapar village of Nakhtarana Taluka in Kutch. This centre is providing regular employment to 25 tailors and indirect employment to around 600 women involved in Embroidery/Bandhini work in 16 villages.

During the last five years, Sewa International has trained more than 2000 women artisans under the Technical Training Program (TTP) in Kutch. The artisans have since been associated with the organization and doing quality bandhani (Tie & Die) and embroidery work. The organization also trained 150 women master tailors under the Entrepreneurship Development Program (EDP). On a regular basis, the trustees, mentors, donors and many dignitaries visit our project and interact with the beneficiaries. They provide valuable suggestions to the project team which gets incorporated into the



future strategy and planning. In 2015 Sewa International organized an "Exposure Visit" in Mumbai for the artisans working in Kutch. The purpose of the visit was to acquaint the artisans with current market trends. 31 women from 16 villages and 3 talukas participated in the visit. During their interactions with various stakeholders of the sector, Kutch artisans got useful insights on crucial aspects of the trade.

In similar fashion, we encourage and plan such visits for various women working as artisans in our Kutch rehabilitation program, with a view to helping them get experience and showcase their products in various markets. Few recent highlights are presented below:

Kalpanaben resides in Jiyapar village of Kutch district. Her family comprises of her parents, 3 children, 2 brothers and her husband. Her husband is a daily labourer. The economic situation of the family was not good and they were unable to provide good education to their children. The children had to leave their education and get engaged in nearby private companies. Kalpanaben was good in stitching and dress designing, but her skills were outdated and traditional. Earlier, she was doing stitching work and was able to earn 1000 rupees per month.

with Her association Sewa International has helped her to enhance and upgrade her skills in stitching and designing. She took training with Sewa International learned various techniques. Sewa International has also helped her to open a saving bank account at a nationalized bank in the village. She further took training on the functioning and management of Self Help Groups. Today, Kalpanaben is one of the most active members of her Self-Help Group. Sewa International team identified her as one of the most committed, hardworking and sincere worker. Seeing her enthusiasm & leadership skills, Sewa International has given her responsibility to lead and look after the dress material unit of the organization in Sewa International Design and Development Centre at Jiyapar. Her economic condition and self-esteem has improved, and now she is planning a future for her kids, in higher studies.

- Kalpnaben K. Thakrani resident of Narayanagar, Jiyapur village (Talluka: Nakhtarana) of Kutch District, Gujarat.

- ✓ Hansaben and Kalpanaben participated in Craft Bazaar, Dastkaari Haat Samiti, Pune.
- ✓ Pallavi Ben and Praveena Ben participated in Dilli Hat, Dastkaari Haat Samiti, Delhi.
- ✓ Khyati Ben and Geeta Ben participated in Vibrant Kutch, Bhuj.

Prof. G.S. Dhapodkar (Head of Technical Design in Department of Fashion at Pearl Academy) and Asst. Prof. Darshan Chandekar (Fashion Design) visited our Design and Development Center, Jiyapar on 25th -26th Sep 2015. During the two-day visit they interacted with the trainees, operators, quality controllers, trainers, and other technical design team. During various sessions they acquainted the team with new trends and evaluated the products like quilted-pouches, bags, stoles, kurtis etc. Both provided valuable feedback on improving the quality and taught methods for better finishing. The main features of the visit were as follows:

- A Design workshop for developing iPad case.
- Training on development of new processes and increase in the productivity.
- Re-arrangement of the machine layouts and work distribution, to increase the output.
- Development of the prototypes: Kurtis, Bandhani work, Kashi brocade work, and Kutch embroidery.
- To make the product more user friendly and contemporary.

Kashi-to-Kutch

Kashi to Kutch is a Sewa International initiative where we take the Banaras silk cloth woven by famous Banarasi weavers to Kutch, where artisan women of Kutch adorn it with their trademark Kutchi embroidery and produce one-of-a-kind-product in the world! The articles made under Kashi to Kutch were exhibited and sold at Dilli Haat, New Delhi, between 1st-15th Jan 2016. The stall was put up by artisan Ram asre from Banaras. It generated a good response among the visitors at Dilli haat. Sewa International is determined to help and promote this indigenous arts and crafts of the country, this is one such

step towards the conservation and promotion of great culture.



USTTAD'15 being attended by Union Ministers Shri Mukhtarabbas Naqvi and Smt. Najma Heptullah in May 2015





Sewa International





Sewa International Akshar Bharati

Akshar Bharati is a Sewa International initiative to nurture the reading habits in children between age group of 5 to 15 years living in underprivileged areas, by facilitating access to good and non-academic literature by setting up libraries in their localities. In the year 2015, total number of 114 libraries were setup in Maharashtra. A science fair was organized, 'Balgokulam'. In the fair 40 science modules were presented by the students from COEP, Akshar Bharati volunteers etc. 'Akshar Bharati's Inter-School Quiz Competition2015-16' was organized at College of Engineering Pune, on 3 Jan 2016. It covered 352 schools. 40000+students participated in the event.

Balgokulam- Go Green Theme

This year Akshar Bharati chose "Go Green" as a decoration theme to encourage participants & volunteers to save the earth and create awareness for the cause of environmental degradation and conservation. Sewa International decided to decorate the stage using saplings. A total of 700 saplings were distributed to the participants and volunteers, to be planted and nurtured by them, till the sapling becomes a healthy full grown tree!

Other NGOs like Door Step School, Urmee, and Seva Sahyog also volunteered to participate and organize the event with Akshar Bharati. 213 volunteers from different



companies and colleges (COEP, Modern, and Marathwada) came together to organize the event. More than 40000 students competed in the event out of which, 358 reached the finals.

"Youth For Seva"





Sewa International has been supporting Youth for Seva (YFS), a nationwide volunteering movement. Every year YFS celebrates *Chiguru (means 'budding')*, an inter-school sports, cultural and literary fest. This year fourth *Chiguru* was celebrated on 7 Feb 2016, at GNITS campus, Hyderabad.

About 800 volunteers from 15 companies and colleges successfully organized the festival. The event saw the participation of 3600 children from 120 projects across the city, in 13 different competitions. Event of 'Mad ad' and 'clay modelling' saw maximum participation and articles made by children displayed a heart-warming picture of a kid's imagination! Science experiments event stood out amongst all the fabulous activities. The innovations made by kids, were presented at the fest. All the innovations were made with limited means, and showed the potential of the kids. The enthusiasm of children was an inspiration to everybody.

School kit distribution drive - On 10 Sep 2015, a school kit distribution drive was organized by Youth for Sewa Hyderabad at Vivekananda Degree College, Kukatpally, for the children living in urban slums and rural areas. Usually a single unit of school kit contains a bag, notebooks, pencil box, geometry box, water bottle and other stationary. This time, a solar lamp was added to the kit, for studying in the night. The lamp has solar rechargeable batteries and needs zero electrical input. Total 6000 kits were distributed among the children.

National means cum merit scholarship scheme- It is a centrally sponsored scheme, to award scholarships to meritorious students hailing from low-income backgrounds. The motive of the scheme is to encourage students to continue their education and thus minimize secondary school drop outs. This initiative was launched in May 2008. A scholarship of 6,000 rupees is awarded for four years i.e. from 9 -12 standard students. 121 students were awarded scholarships, from 25 govt. schools.

Construction of school building- In Jan 2016 Youth for Sewa constructed a school building In Marthandnagar, Hyderabad. The Primary school of the area had no proper infrastructure and hence saw an immense increase in the dropout rate. Youth for Sewa volunteers decided to address the issue and build a school at Marthanda Nagar Basti, Hafeezpet, Seringampally Mandal. The building is made in 4800 sq. ft. area, and it has 8 classrooms. It has all the amenities required for a primary school.

Maharaja Agrasen Institute of Technology



Sewa International Maharaja supports Technical Agrasen University, one of the engineering pioneer institutes of country. DATAQUEST in its March survey placed MAIT at AIR 9 rank. During the year following activities were

accomplished:

- 'Vandana Goyal Memorial Award' It is a yearly award of **51,000 rupees**, given to the girl topper student.
- The award of **11,000 rupees each** was given to those who topped university in their respective branches.
- The "PMO Mobile App Contest" has been won by Gyan Lakhwani 2nd year B. tech (IT) student and his team.
- On 7 Oct 2015, a blood donation camp was organized by MAIT, in association with Lion's club International. A record **606 units** of blood was donated during the event.
- The students who secured more than 95 percent marks in their higher secondary examination were given **free laptops**.

Akhil Chopra Scholarship

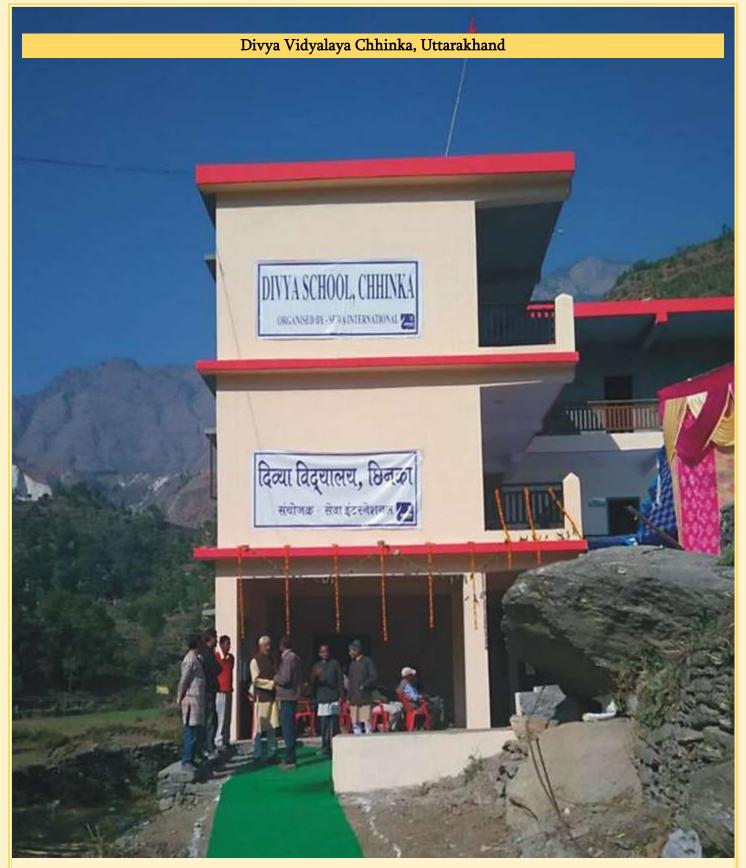


Sixth Convocation and Media Convergence Meet National of Institute Mass Communication and Journalism was held on Dec Ahemdabad Memorial Association, Ahemdabad. The function was chaired by Dr. A. Surya Prakash, Chairman -Prasar and Shri Bharati Chiranjiv Patel, MD of PC Snehal Group.

On this occasion **5**students were awarded
Akhil Chopra
Scholarships of Rs. 75000
each by the dignitaries
present.

Akhil Chopra scholarship is given to the meritious and needy students studying in mass communication every year in National institute of mass communication and journalism (NIMCJ), Ahemdabad.

Scholarships are given to meritorious students as well as to those, who are in need of financial Students are support. selected by a committee of three people who are eminent personalities in the field of journalism. Scholarship supported by Sewa International and Late Shri Akhil Chopra Memorial fund.



Divya Vidyalaya, is an upper primary school in a remote and beautiful village of Chhinka, situated on the top of the hill in Chamoli valley of Uttarakhand. In the aftermath of the flash floods of 2013 the school was devastated and due to difficult terrain, classes at first weren't resumed for a while due to lack of even bare minimum infrastructure to accommodate the kids. Sewa International came to know about the situation and decided to help the school. Sewa international UK built the school which now stands 2 story tall, with 10 classrooms. After 2 years Divya Vidyalaya now resumed its position as the bustling center for the small and beautiful community of Chhinka.



Swami Vivekananda Medical Mission, Kerala

Sewa International has been supporting Sri Vivekananda Medical Mission (SVMM),



Attapady, Kerala for years in their selfless service for the health of poor and needy. SVMM has been working in the health sector for the last ten years. This year, Indian Dental Association (IDA), Valluvanad branch came forward with their community service initiative

to safeguard the dental health of the tribal population, by supporting the establishment of a dental clinic at the SVMM hospital. On 4 Apr 2015, a dental program for school students was launched. Free dental check- ups for school children in Agali and surrounding areas were held. SVMM and IDA have jointly adopted five tribal villages around Agali for dental health promotion. The program has been running with the help of Sewa International, Saudi Arabia. A computerized laboratory has been upgraded with an auto analyzer and a blood cell counter. It is now able to perform a wide variety of biochemical tests and also been able to handle a large number of samples at a time. On 12 Jul 2015, an x-ray machine was also established in the laboratory.

SVMM has been doing community mobilization for a couple of years now. Some of its projects are:

- Mental Health Project
- De-addiction project
- Eye Camps
- Village health worker project
- Self-help groups
- Educational resource centres
- Livelihood generation
- Entrepreneurship development program (EDP) for women entrepreneurs.

Under the EDP program, tribal women are trained in different vocational skills. Each



training batch consists of 30 women. They are trained in garment making, jewelry making, saree printing, doll making and beautician courses. seriatim, Balachandran In Smarka Janvaibhava Kendram has been inaugurated by V.K. Somasundaram, President Navothana Parishad, Palakkad. This centre will provide skill

development courses for tribal youth and women in various vocations.

Mobile Medical Unit, Bengaluru

Sewa International has been serving the community years now, in and around the areas of Bengaluru with free cataract surgery. Sewa International has sponsored a "Mobile Eye Clinic" for the free eye checkups and treatment in the villages. It will also serve in the areas where people have difficulties finding the medical professionals don't have access to the facilities at all. This mobile van is used in conducting training awareness programs avoidable on blindness to Paramedical staff teachers and volunteers in 25 rural areas.

Sewa

International's partners have been serving community in and around Bangalore with free cataract surgery. They would now like to build a "Mobile Eye Clinic" for eye check in villages around Bangalore so they can reach underserved population in these areas.

Sewa Bharati Purbanchal

Sewa International and Sewa Bharati Purbanchal have been working in the North-Eastern states of India with the aim to provide guidance and assistance to the youth, women and under privileged section of the society, engaging them in constructive activities for the all-around development of the society. Sewa Bharati has been working in the areas of:

- Rural development
- Vocational training
- Health
- Education
- Disaster management
- Tribal welfare

Arogya Mitra





Arogya Mitra is the health initiative of Sewa Bharati Purbanchal, where youth of the states have been trained to provide basic health care in the deficient areas. Activities of Arogyamitra, till 2015 are summed up below:

- Providing training to 1000 health workers per year.
- **4052 Arogya Mitra** render service to more than **20,000 patients per day** in rural areas of North-east States.
- 5 Doctors equipped with 2 medical vans with free medicines and 5 ambulances are treating about 7000 Patients by organizing 50 health camps where medicines are given free of cost every month.

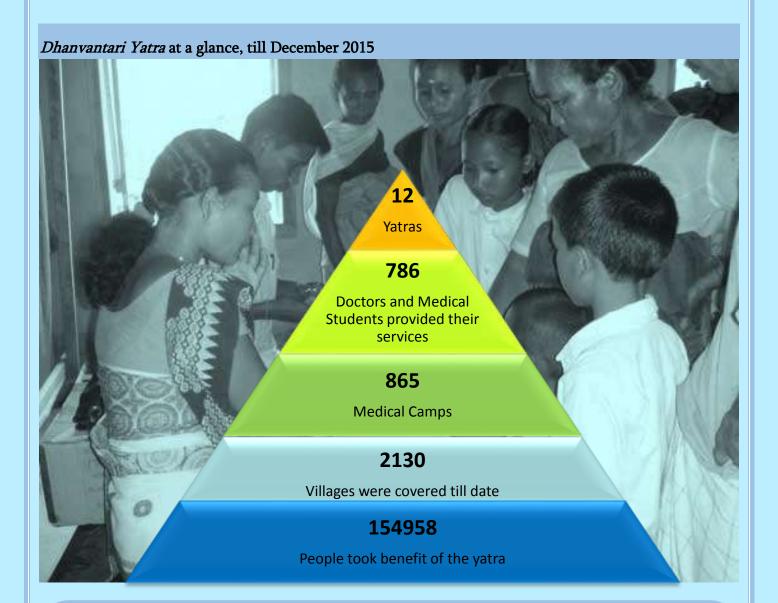
Dhanvantari Yatra

In order to make health services and consultation available to the remote areas, Sewa international and Sewa bharati purbanchal has been organizing *Dhanvantrari Yatra* every year, since 2005. *Dhanvantrari Yatra* is a 7-day Doctor's Medical Mobile Health Camp organized by Sewa Bharati Purbanchal in association with National Medicos Organization (NMO) to arrange regular 'Free Health Care Camps' in the remotest tribal villages by the doctors, medical students, paramedical and Sewa International volunteers.

From **21-28 Feb 2016**, the 13th *Dhanvantari Yatra* was organised. A total of **151 doctors** took part in the yatra covering **282 villages** of **37 districts** spread in **7 north-eastern states**. The yatra started from Guwahati with a ceremony, which was presided over by Mr.Dilip Chandan, Editor in chief, *Assam Vani*.



Total 118 medical camps were organized benefitting 20,965 people who sought consultation for various ailments. More than twenty thousand people were distributed free medicines. Yatra was completed at Chatribari, Guwahati. Dr.Reeta Chaudhary, Director NBT who was the chief guest at the ceremony, expressed concern over rising use of tobacco and related products and emphasized on the need to curb the practice.



Neuro Therapy Project:

With changing time Sewa Bharati is widening the spectrum of its health activities to cover health care. For this purpose, Sewa International has tied up with a group of Neurotherapists under the guidance of R K Bonchandraand Biswajyoti Dey. This project is for treatment of various neurogenic ailments and helping the patients, who are otherwise generally unaware of the problems let alone taking medical advice for it. The project runs in collaboration with Seva Bharati Purbanchal.

NEW AREA AND SUPPORT INITIATIVES

Clean Energy Initiative, Thuamal Rampur, Odisha



Sewa International sponsored a Solar Project in Thuamul School, Kalahandi, Orissa, to enable clean water and electricity to 164 students studying in the school. More than 150 students are living in the school hostel without access to power and clean drinking water. This scenario was having negative on the education and health of Students. For instance, in the evening they have to depend on kerosene lanterns to study. Scarcity of Drinking water for students is a big concern. The only source of water is River Indrāvati and sole hand pump in the area which goes dry in summers. Villagers surrounding the school also collect water from the school.

After installation of solar plant there is a completely functional RO based water purification system of 1000 Litres/Hour. This not only caters to the need of students but it's the only source of clean drinking water for villagers in the area. It also supplies water to toilets and bathrooms through solar water pump. Requirement of energy for lighting and fan for class rooms and hostel rooms are met through solar power plant. Bulbs and fan installations in all the 36 rooms in the institute are now powered by this solar plant and are completely functional.

Sewa International is resolute for greener environment and use of clean and sustainable technology. We support the cause and implement the same in our project and policies.

Other Activities Supported/ Undertaken by Sewa International

Sewa International also supported some other organizations in 2015-16 that are involved in running various Project/ Programs viz.

- Adarsh Vidya Mandir, Kailadevi Education
- * Akhil Bharatiya Vanvasi Kalyan Ashram Education
- Antar Rashtriya Sah.Pari (ARSP) Pravasi Bhawan Project
- **Ekalavya Foundation** Education
- ❖ Gram Bharti Education
- **❖ Rotary Bangalore West Trust** − Eye Camp
- Seva Bharathi, Telangana Education, Empowerment & Health

Newsletter

12 issues of 'Sewa Sandesh' were published and circulated by e-mail to over 1245 subscribers in 40 countries during the year 2015-16

