

March, 2026



# Sewa Sandesh

*March: A Month of Meaning, Momentum & Mission*

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## Editors Note

*Reaching the Last Mile: Service, Empowerment, and Collaborative Impact*

*Namaskar,*

As we reflect on the month of March, a powerful narrative emerges 'reaching the unreached', standing with communities in their moments of need, and building pathways for long-term empowerment. Across diverse geographies from the tribal regions of Arunachal Pradesh to the high-altitude villages of Ladakh and Spiti, from the border areas of Tripura to the islands of Andaman, Sewa International's efforts continue to focus on delivering impact where it matters the most: the last mile.

This month's stories are a testament to the strength of collective action. Meaningful collaborations with corporates, government bodies, and community stakeholders have enabled us to expand our outreach in education, healthcare, nutrition, and livelihoods. Whether it is ensuring access to school kits, organising multi-speciality health camps, supporting TB patients with nutrition, or creating platforms for dialogue between policymakers and social organisations, each initiative reflects a shared commitment to inclusive development.

Equally inspiring is the spirit of empowerment that runs through every effort, be it women celebrating their journeys of self-reliance, students gaining confidence through improved learning environment, or young fellows preparing to lead with purpose. These stories remind us that true change is not just about service delivery, but about enabling individuals and communities to thrive with dignity and self-sufficiency.

As we move forward, we remain committed to strengthening partnerships, deepening our grassroots engagement, and continuing to reach those who are often left behind.

Sewa International will continue its dedicated efforts to serve, support, and empower communities across the nation.

*Dhanyawaad!*



**Jineshlal R.V.**  
Executive Director  
(Sewa International)

## Uniting Forces for Greater Impact: Sewa Mandal 03

Sewa Mandal-03 in New Delhi emerged as a powerful platform of collaboration, bringing together 25+ leading corporate institutions and 30+ policymakers, including senior administrative officials. The programme was held under the guidance of Shri Satyagopal ji, Former Chief Secretary of Arunachal Pradesh, whose vision emphasized the importance of collective action for sustainable development.

Representatives from Sewa International, Indian Centre for Corporate Social Responsibility (ICCS), Vidya Bharati North East, and the Centre for North East Studies presented impactful initiatives across education, healthcare, skill development, and community upliftment especially in the North-Eastern region. The dialogue fostered meaningful engagement between corporates and policymakers, focusing on strengthening partnerships and optimizing CSR efforts to reach marginalized communities.

This convergence of institutions and leadership reflects a shared commitment to nation-building through collaboration, vision, and service.

*Sewa International will continue its efforts to strengthen partnerships and create a sustainable impact across diverse communities.*



## Extending Care Across Communities: Multi Speciality Camps

Continuing its commitment to accessible healthcare, Sewa International organised multi-speciality medical camps reaching diverse communities across regions. In Wazirpur village, Faridabad, **103 patients** received essential medical care through a camp supported by Veedol Corporation Ltd., while in the hilly terrains of Chamoli, Uttarakhand, **683 individuals** benefitted from similar initiatives. Each camp brings quality healthcare closer to those who need it most, bridging critical gaps in access and awareness. These efforts reflect a growing outreach across both rural plains and remote mountainous regions.

*Sewa International remains dedicated to sustaining efforts which ensures every child, no matter how remote their location is, has the opportunity to learn, grow, and build a brighter future.*



## Healing Hands Across Villages



In the heart of Uttarakhand, a wave of care and compassion reached 1,726 underserved patients across **22 villages and 2 blocks** in just eight days. The initiative was formally inaugurated in Kashipur in the presence of Sh. Jitender Rana (Plant Head, V-Guard), Block Pramukh Anoop Kaur, and social worker Sheetal Joshi, marking the beginning of a series of multi-speciality medical camps supported by V-Guard.

Bringing essential healthcare services closer to remote communities, these camps have become a vital lifeline for those with limited access to medical care. Each patient served reflects a step towards a healthier, more inclusive society, as Sewa expands its footprint to yet another district in Uttarakhand.

*Sewa International will continue its dedicated efforts to bring quality and accessible healthcare to every corner of the nation.*

## Shaping Leaders, Inspiring Futures: Leadership Bootcamp

Marking a significant milestone in their journey, final-year fellows of the Sewa Fellowship came together for the Leadership Bootcamp in Delhi. Inaugurated by Sh.R.V.Jinesh Lal at Pravasi Bhavan, the camp creates a space for reflection, learning, and envisioning the path ahead after 1.5 years of grassroots engagement. Through engaging sessions on systems thinking and rethinking development, fellows are encouraged to broaden perspectives and deepen their impact. This bootcamp is not just a conclusion—it is a new beginning towards purpose-driven leadership.

*Sewa International will continue to promote efforts to empower committed changemakers, to foster lasting and meaningful change in society.*



## Building Awareness, Fostering Inclusion Transgender Workshops



Across five institutes in Dehradun, Sewa International conducted a series of impactful workshops to promote understanding and inclusion of the transgender community. With 50 participants in each session, these engagements created safe spaces for learning through expert insights, lived experiences, and legal awareness. From public health perspectives to constitutional rights and institutional responsibilities, each session deepened sensitivity and knowledge among young minds. These workshops are a step towards building a more inclusive and empathetic society.

*Sewa International is committed to promoting awareness, dignity, and inclusion for every individual in society.*

## Planting Seeds of Prosperity

In the tribal hamlet of Bhadav in Maharashtra's Raigad district, a powerful step towards sustainable livelihoods took root with the plantation of over 100 jackfruit saplings. Led by local farmer Kaluram Koli and supported by Sewa International and Yusen Logistics, the initiative brought together community members, volunteers, and enthusiastic children working hand in hand. Guided by agricultural expertise and strengthened by the commitment of young cyclists who pledged to nurture the saplings, this effort is sowing the seeds of long-term growth and self-reliance. With a vision to expand into a thriving orchard, the community is cultivating not just fruit, but a future of opportunity.

*Sewa International is committed to empower communities through sustainable and locally driven initiatives.*



## Celebrating Women's Health, Empowering Communities



On the occasion of International Women's Day, a multi-speciality health camp in Manubazar, South Tripura became a beacon of care and awareness for hundreds. Organised in collaboration with the State Health Department, the initiative not only provided free medical services to **549 patients** but also marked the launch of the HPV vaccination programme in the district. With the presence of key dignitaries and dedicated specialists, the camp addressed critical health needs while promoting awareness among women and adolescent girls. Each consultation and vaccination reflected a step towards healthier, empowered communities.

*Sewa International will continue its targeted efforts for promoting health, awareness, and dignity of every individual across the nation.*

## Celebrating Strength, Spirit, and Sisterhood: International Women's Day

On the occasion of International Women's Day, Sewa International organised Fyuniil Kauthig- 2026 in Pokhri Block, Chamoli, Uttarakhand-bringing together women from Sewa-supported self-help groups in a vibrant celebration of culture and achievement. Over the years, this gathering has evolved into a powerful platform where women not only showcase their talents but also share their journeys of resilience and growth. It is a moment of pride, unity, and recognition of their collective strength. Each celebration echoes the spirit of empowered womanhood rooted in tradition and progress.

*Sewa International continues to champion women's empowerment by creating platforms that celebrate their strength and accomplishments.*



## Nourishing Recovery, Restoring Hope: Nutrition Support in Andaman



In the Andaman region, a compassionate step towards healing unfolded as Sewa International initiated its TB Nutrition Support programme. In collaboration with the Health Department, 30 families received essential nutrition kits across multiple PHCs in South and Middle Andaman, ensuring timely care for those battling tuberculosis. With dedicated volunteers working tirelessly over the past few days, this first phase marks more than just distribution- it marks the beginning of sustained support for recovery and well-being. Each kit carries the promise of strength, care, and a healthier tomorrow.

*Sewa International will continue to strengthen its efforts to support vulnerable communities and ensure better health outcomes for all.*

## Reaching the Last Mile with Care: Local Media Spotlight

We are happy to share that Sewa International's healthcare efforts in the remote border areas of Tripura gained recognition as they were featured on a local news channel, highlighting the impact of this vital initiative. Supported by REC Foundation and guided by the State Health Department, medical teams are consistently reaching underserved communities with essential health services. In regions where access to healthcare remains limited, these efforts are bringing both treatment and awareness closer to the people. Each visit reflects a commitment to ensuring that no community is left behind.



## Nurturing Confidence, Building Healthier Schools



During her visit to Mandya and Mysuru, Ms. Polona ji from Glenmorgan Tea Estate witnessed the growing impact of the SHE Project across government schools. Interacting with students, WASH Club members, and school authorities, she observed how improved sanitation and menstrual hygiene initiatives are fostering confidence and dignity among young girls. The joy and openness with which students shared their experiences reflected a positive shift towards healthier learning environments. Her appreciation reaffirmed the transformative role of such interventions in shaping safer and more inclusive schools.

*Sewa International remains dedicated to its efforts to promote health, dignity, and holistic development of every child.*

## Learning Beyond Boundaries: Reaching Every Child, Everywhere

From the tribal heartlands of Arunachal Pradesh to the serene valleys of Jammu, and from the high-altitude terrains of Ladakh and Spiti, Sewa International is ensuring that no child is left behind. With the support of Yusen Logistics, over 350+ school kits were distributed across Arunachal Pradesh (250), Jammu (50), and Ladakh (50), along with outreach in the remote villages of Hikim and Langza in Spiti Valley.

In regions where harsh weather, isolation, and limited resources challenge access to education, these kits become symbols of hope and continuity. Whether it is tribal students, children in Sanskrit institutions preserving cultural heritage, or young learners in border and mountainous areas, each child now steps forward with renewed confidence. This collective effort is not just about supplies- it is about empowering dreams across geographies and generations.

*Sewa International is committed to promoting efforts to ensure education for every child, anywhere across the country.*





**Ms. Lata Bartwal**

**Block Lead**  
Block - pokhari  
District - Chamoli  
Sewa International Uttrakhand

## सेवा शब्द का अर्थ

मेरे लिए "सेवा" शब्द का अर्थ है केवल "समर्पण" है, कर्तव्य है बस जहां अधिकार शब्द के लिए कोई जगह नहीं।

## सेवा इंटरनेशनल के साथ की जर्नी प्रभाव शाली शुरुआत

सेवा इंटरनेशनल के साथ वर्ष 2016 में जुड़ी जहां मैंने सीखा समुदाय को संगठित कर छोटे छोटे संसाधनों को व्यवसायिक रूप देना, समुदाय के साथ स्थानीय संसाधनों एवं स्थानीय जरूरतों को ध्यान में रखते हुए समुदाय को स्वरोजगार से जोड़ना।

## मुख्य पड़ाव और उपलब्धियां

सेवा के साथ हमने महिलाओं के छोटे-छोटे समूहों को संगठन का रूप दिया और संगठनों को जोड़कर एक हिमसम्पदा कम्पनी बनाई, जिसके माध्यम से हमने महिलाओं के जो स्थानीय उत्पाद थे जिन्हें कभी मार्केट में कोई वेल्यू नहीं मिल पाती थी, बिचोलिया बड़ा मुनाफा लें जाता था, उन उत्पादों को हमने व्यवसायिक रूप दिया और आज महिलाएं अपने उत्पादों का खुद मुल्य तय करती हैं - यह बहुत बड़ा परिवर्तन समाज में देखने को मिला। इसी प्रकार के कई सारे उदाहरण रहे हैं, सेवा के साथ जुड़ कर जो बदलाव आये है।

भावनात्मक जुड़ाव और आभार - सेवा इंटरनेशनल मेरा घर है और उसमें कार्यरत सभी, मेरे परिवार के सदस्य हैं। 07 फरवरी वर्ष, 2021 के काला दिन, तपोवन में आयी भीषण आपदा में, मेरे परिवार के 04 सदस्य उस कम्पनी में दब के दुनिया छोड़ गये। उस समय ऐसा लग रहा था, कि अब हमें बिल्कुल नहीं जीना है। लेकिन सेवा इंटरनेशनल ने मुझे सम्भाला। मेरी फेमिली को सम्भाला और पूरे एक माह तक मेरे घर पर प्रत्येक दिन आते रहे। सेवा इंटरनेशनल उत्तराखंड के लगभग हर सदस्य, उस टाइम हमारे घर पर पहुंचे। इस मुश्किल घड़ी में मेरा और मेरे परिवार का साथ देने के लिए, मैं सेवा इंटरनेशनल का हमेशा ऋणी हूँ। मेरा स्वभाव थोड़ा उग्र है, पर सेवा इंटरनेशनल परिवार, मेरे स्वभाव में मेरी भावनाएं ढूँढ लेती है, और यही मेरे लिए बहुत बड़ी बात है।

## हाल ही में घटी एक घटना जिसने मुझे खुशी दी

08 मार्च 2026 को अंतर्राष्ट्रीय महिला दिवस के सुअवसर, पर हमारे पोखरी विकास खण्ड के समस्त मातृशक्ति द्वारा " फ्यूली कौथिंग" का आयोजन किया। जिसमें 55 ग्राम पंचायतों द्वारा प्रतिभाग एवं लगभग 5000 महिलाएं समलित हुईं। जो कभी सेवा इंटरनेशनल का सपना था, कि महिलाएं "फ्यूली कौथिंग आयोजन" करनें लिए खुद सक्षम हो वो सपना साकार हुआ।

## The Inspiring Journey of Sewa Fellow Ashish Metkar

Ashish's journey begins in Khongda, a small village in the Melghat region, where growing up in a farming family meant living with limited access to basic facilities. These challenges were not abstract realities for him—they were part of everyday life. Instead of holding him back, these experiences quietly shaped his perspective, building resilience and a deep sense of responsibility towards his community.

With a desire to create meaningful change, Ashish pursued a Master's in Social Work and later joined the Sewa Fellowship. This phase became a turning point. It helped him sharpen his understanding of grassroots realities, strengthened his ability to listen closely to community needs, and gave him the confidence to step into a leadership role.

Believing that lasting change must come from within the community, Ashish founded the Development Organization of Rural (DOOR). Through DOOR, he has led a range of initiatives focused on education, youth leadership, and sustainable development. From the Amrut Shiksha Abhiyan, a youth-led education effort, to the Bodhisatwa Resource Centre for career guidance, and Paulkhuna, a tribal youth leadership camp—his work reflects a strong commitment to empowering people at the grassroots.

Today, his efforts have reached 532 households and impacted over 1700 individuals. Initiatives like planting 900 trees and installing 560 bird water pots highlight his focus on environmental care, while school-based innovations such as Jadui Gullak and Gobar Bank, now active in 10 Zilla Parishad schools, are helping children understand financial literacy, sustainability, and responsible living.

Ashish's story is a reminder that when lived experience meets purpose and the right support, it can lead to change that is both meaningful and lasting.



*Together, we've sketched stories of change,  
etching hope into hearts. We want to express  
our sincere gratitude for your continued support  
and readership.*

