

December, 2025



# Sewa Sandesh

*December: A Month of New Beginnings*



*Happy*  
**NEW YEAR**  
**SEWA PARIVAAR**

Welcoming the New Year with Service and  
Togetherness,

Sewa International wishes you a  
Happy New Year filled with hope,  
compassion, and joy.

May this year inspire us to serve selflessly, stand  
together, and uplift every community we touch.

Let us step into the New Year with unity,  
purpose, and the spirit of Sewa lighting our way.





# Sewa Sandesh

December : A Month of New Beginnings

## Editors Note

*Namaskar ,*

*A New Year, A Renewed Resolve*

As we step into a new year, Sewa Sandesh brings together stories that remind us of one enduring truth- when service becomes collective, impact becomes limitless. Over the past months, every initiative, every volunteer effort, and every community touched reflects the same spirit of selfless service that defines Sewa International.

The stories in this edition are not just updates from the field; they are reflections of resilience, compassion, and quiet determination. From empowering women and strengthening healthcare access to standing beside communities in times of need, these efforts show how consistent action- big or small- can create lasting change.

A new year invites fresh beginnings, but it also calls for deeper commitment. It urges us to stand together, support one another, and remain rooted in the values that bind us as a society. As these stories unfold, they reaffirm that meaningful change is not driven by moments, but by sustained service and shared responsibility.

As we welcome this new year, Sewa Sandesh reaffirms its commitment to highlighting voices from the ground and journeys shaped by compassion. With renewed resolve and collective strength, Sewa International will continue working across communities to serve the nation and uphold the spirit of sewa- today, and in the years to come.

*Dhanyawaad!*



*Jineshlal R.V.  
Executive Director  
Sewa International*



## Strengthening Awareness on Transgender Rights and Inclusion

Advancing the vision of an inclusive society, Sewa International organised a one-day awareness and capacity-building programme in Dhalai district, Tripura and Barmer in Rajasthan. Held in partnership with NISD under the Ministry of Social Justice and Empowerment at Govt. Degree College, the session focused on the Transgender Persons (Protection of Rights) Act, 2019 and Rules, 2020. Participants gained clarity on legal rights, welfare schemes, and institutional support systems available for transgender persons. The programme reinforced the importance of dignity, equality, and social inclusion in nation-building.

Sewa International continues to work towards creating informed communities that uphold the rights and dignity of every individual.



## Sewa Shakti Saahas Empowers Women in Poonch

Marking a significant step in community resilience, Sewa International launched the Sewa Shakti Saahas programme in Poonch, Jammu & Kashmir, in collaboration with Sewa Bharti J&K and Shakti Udghosh Foundation. Over 120 girls and women completed a 10-day training in self-defence and basic disaster management, building confidence and first-responder readiness. The programme concluded with certificate distribution in the presence of senior officials, medical professionals, and SDRF teams who encouraged leadership and preparedness. Supported by local administration and expert trainers, the initiative strengthened safety awareness in India's border regions.

Sewa International remains committed to building safer, stronger, and more resilient communities through empowerment and preparedness.



## Guiding Women Entrepreneurs Towards Government-Supported Livelihoods

In Rudraprayag district, Uttarakhand, aspirations took shape as local entrepreneurs came together to explore pathways to self-reliance. Sewa International, in collaboration with the District Industries Department, organised an entrepreneurship development workshop for SHG members from Agastyamuni and Jakholi blocks in Uttarakhand under the Oracle Project. The session provided practical guidance on government schemes, enterprise options, and financial support under Mukhyamantri Swarozgar Yojana 2.0. 15 women participants took a confident step forward by expressing interest in availing loans and submitting required documents.

Sewa International continues to strengthen grassroots entrepreneurship by enabling women to transform skills into sustainable livelihoods.



## Empowering Girls Through Knowledge and Care: Sanitary Pads Distribution in Karnataka



In the classrooms of Mandya district, young voices found the courage to speak about what is often left unspoken. Sewa International conducted Menstrual Hygiene Management sessions at GHPS Taggahalli and GHPS Kallahalli Badavane, Karnataka, reaching adolescent girls. The sessions created a safe space to address myths, promote healthy practices, and build confidence around menstrual health. To support this journey, 150 free cloth sanitary napkins were distributed, ensuring access to safe and sustainable care.

Sewa International remains committed to empowering girls with knowledge, dignity, and equal opportunities to thrive.

## Building Courage Through Self-Defence Training



Strengthening community safety, Sewa International, in collaboration with the LP Emergency Response Team (LP-ERT), successfully organised a Sewa Shakti Saahas self-defence training session. The programme engaged 65 participants, including children, men, and women, fostering inclusivity and collective preparedness. Participants were trained in practical self-defence techniques aimed at ensuring personal safety during emergencies. The session also focused on building confidence, courage, and situational awareness.

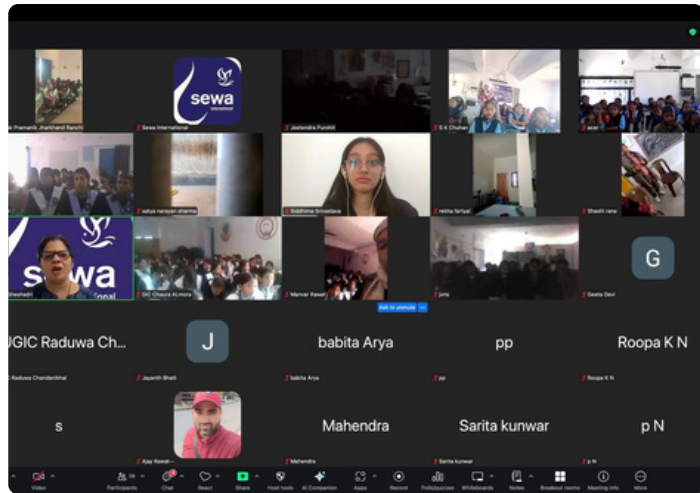
Sewa International remains committed to empowering communities with skills that promote safety, resilience, and self-reliance.



## SHE Speaks: Amplifying Voices on World UNICEF Day

Celebrating World UNICEF Day, Sewa International successfully hosted the third episode of SHE Speaks series, bringing together voices from across the country. The webinar witnessed participation from over 200 attendees, creating a vibrant and engaging space for dialogue and learning. The episode reinforced the strength of collaboration in advancing conversations around women and girls' empowerment.

Sewa International looks forward to continuing meaningful engagements through the SHE Speaks series to inspire and empower communities.



## Inspiring Young Minds Through Science Exposure



Sewa International organised a Science Museum exposure visit for 200 government school students, with active participation from 70 corporate volunteers. Supported by TGBS, the visit offered students hands-on learning experiences at the National Science Centre through science demonstrations and 3D shows. To extend learning beyond the visit, 200 STEM kits were distributed to participating students. The interaction between students and volunteers made science learning engaging and aspirational.

Sewa International continues to bridge classroom learning with real-world exposure through meaningful corporate partnerships.

## Fueling Dreams Through Corporate Volunteer Engagement



Bringing generations together through service, Sewa International organised the Fueling Dreams- Empowering Generations volunteer engagement activity at a government school in Greater Noida. The initiative reached 146 students with SEEK school kits while corporate volunteers engaged children through drawing activities on health, water, and school life. The day concluded with a cultural programme where students and volunteers participated together, strengthening bonds beyond the classroom. A total of 32 corporate volunteers, 10 teachers, and community members contributed to making the event meaningful.

Sewa International continues to foster shared responsibility by connecting corporate volunteers with grassroots education initiatives.

## Umeedo Ki Udaan: When Hope Finds Its Way

The third Umeedo Ki Udaan distribution unfolded not as an event, but as a series of quiet, heartfelt moments across Kutch. With the support of Udaan Mitra- Smt. Debu Ben ji, SEEK school kits were personally handed to children in Bhachau, Dholavira, and Rapar, reaching those who needed them most. Each handover carried more than supplies- it carried reassurance, dignity, and the joy of being seen. From shy smiles to excited runs, every child's response reminded us why this journey matters.

Sewa International continues this flight of hope, placing dreams gently into young hands and futures.



## Our Sewa Fellows: Stories from the Grassroots



After completing her Fellowship journey last year, Kalyani, who hails from Satara, chose the Bastis of Pune as her Karmabhumi. During the fellowship, she was placed at Swaroopwardhinee, and everything she learned there—along with the experiences she gained further strengthened her desire to work in these bastis.

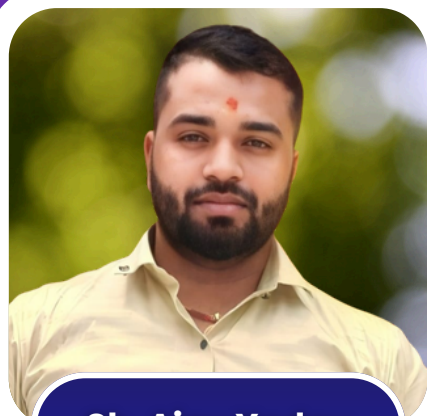
For the past one year, she has been teaching children across 8 Bastis in Pune through the organization she founded, called Jayatu Social Foundation. While she is full of motivation and passion for this work, she also faces several challenges. Yet, with strong determination, she continues to push her work forward.

Not only this—Kalyani now has her own office for Jayatu Social Foundation in Pune, which she received through a donation. And in order to run the work in a more structured way, she has also hired a coordinator two months ago.

As of this month, she has already started discussions in nearly 30 Bastis to expand the Foundation's work. She believes that by next year, Jayatu Social Foundation will be actively working in 22 Bastis.

Sewa International is proud of our Sewa Fellows, who are creating meaningful impact at the grassroots. As we welcome the New Year, we congratulate them on their achievements and extend our best wishes for continued success in the year ahead.

## Meet Sewa Parivar



**Sh. Ajay Yadav**

**Support Staff  
Sewa International**

“भोजन तैयार है, सब आ जाइये।”

**Ajay bhaiya's meals that carries a heart full of service 'sewa'**

This New Year, Sewa Sandesh proudly introduces Sh. Ajay Yadav, a cherished member of the Sewa International Delhi office and a true embodiment of the spirit of sewa. More than a support staff member, Ajay bhaiya is the quiet force who makes our workplace feel more like a home.

Originally from Gaya, Bihar, Ajay bhaiya came to Delhi at the age of 15, accompanying his elder brother. A mischievous village boy with no formal skills, he was sent to the city with hope but little direction. His life took a meaningful turn when he came under the guidance of Sh. Shyam Parande ji (Gen. Secretary & Global Coordinator, Sewa International), who not only supported him but also taught him driving, helping him find his footing in an unfamiliar city.

With time and trust, Ajay bhaiya was entrusted with another responsibility serving as support staff at the Sewa International Delhi office. Determined to do his best, he taught himself cooking through YouTube videos, learning not just recipes but the joy of serving others. What began as an effort to help, soon became his identity.

Today, Ajay bhaiya's home-cooked meals are the heartbeat of our office. Nutritious, warm, and made with care, his food carries something more than taste, it carries emotion. Many members of the Sewa family, even those who could bring food from home, choose not to—simply because Ajay bhaiya's food feels like home.

“भोजन तैयार है, सब आ जाइये।”

**It is more than a call for lunch— it is an invitation to gather, connect, and share.**

As the year comes to a close, we express our heartfelt gratitude to Ajay bhaiya for his selfless service, dedication, and warmth that nourish not just our bodies, but our bonds as a family. As he steps into a new year of his life, eagerly awaiting a new member in his own family, his words reflect the same values he lives by:

“मुझे तो बेटी ही चाहिए, मैं उसको खूब पढ़ाकर बड़ा बनाऊँगा।”

Through his journey, Ajay bhaiya reminds us that sewa does not always speak loudly— sometimes, it simply serves a warm meal, with love.

**Thank you Ajay Bhaiya!**



*Together, we've sketched stories of change,  
etching hope into hearts. We want to express  
our sincere gratitude for your continued support  
and readership.*



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